

September 2010

Chandler Senior Center ~ 202 E. Boston St ~ 782-2721



A program of
Community Services
of Arizona

Tony Johnson
Programs Manager

Nancy Ricketts
Site Coordinator

Kelly Delgado
Kitchen Coord.

Please make lunch
reservations
by signing up at the
registration table or
by calling **782-2721**
BEFORE 2 pm
THE
PREVIOUS DAY.

Milk provided
with each meal.

Menus are subject
to change

| | | | | |
|--|---|---|---|---|
| | | 1 Sweet& Sour Pork Oriental Blend Cauliflower Brown Rice Strawberry Delight | 2 Potato Bar Carrot Raisin Salad WW Crackers Fruit Cocktail | 3 Stuffed Shells Italian Veggies Broccoli Bun Cantaloupe |
| 6 CENTER CLOSED | 7 Ham w/ Lima Beans Romaine Salad Rye Bread Pineapple | 8 Chicken Salad Beets w/onions Cream of celery soup Peaches | 9 Veggie Lasagna Broccoli Cauliflower Garlic Stick Pears | 10 Salisbury Steak Mashed Potatoes Zucchini WW Roll Strawberry Delight |
| 13 BBQ Chicken Breast Romaine Salad WW Roll Pineapple | 14 Swiss Steak Tomatoes, Onions, Carrots French Roll Tropical Fruit | 15 Turkey Tetrazzini Yellow Squash Peas Orange | 16 Chili Dog Potato Salad Broccoli Apple | 17 Tuna Melt Cauliflower Corn Peach Crisp |
| 20 Baked Ham Sweet Potatoes Green Beans WW Roll Fruit Cocktail | 21 Spaghetti w/meat sauce Zucchini Romaine Salad Pineapple | 22 Grilled Chicken Sal- ad Red Potatoes Cole Slaw Cantaloupe | 23 Egg Salad Bean & Bacon Soup Carrot Raisin Salad Romaine Salad Mandarin Oranges | 24 Swedish Meatballs Mashed Potatoes Broccoli/ Cauliflower Rye Bread Waldorf Salad |
| 27 Chicken Cordon Bleu Capri Veggies Spinach WW Roll Orange | 28 Pork Loin Mashed Potatoes w/ Gravy Brussel Sprouts Rye Bread Applesauce | 29 BBQ Chicken Red Potatoes Capri Vegetables WW Roll Pears | 30 Seafood Salad Cucumber Salad Beets WW Crackers Apple | |

The suggested
donation for guests
over 60 years
is \$2.50 at the
Center

The cost of meals for
guests under
60 years is \$4.00

Contributions above
the suggested
donation are always
appreciated

The Chandler
Senior Center &
Community Services
of Arizona
would like
to express its
gratitude for the
**United Way & Ar-
ea Agency
on Aging**
for their continued
donations to our
Meal Program.

